

## ~ CAFÉ ~ PANINIS

### **Cheddar & Roasted Turkey - 8**

Roasted Turkey Breast,  
Cheddar Cheese with  
Parmesan Herb Aioli, Spinach,  
Tomatoes Pressed on  
Multi-Grain Bread

### **Cubano - 8.5**

Ham, Pulled Pork, Swiss  
Cheese, Sliced Pickles and  
Whole Grain Mustard Pressed  
on a Hoagie Roll

### **Mediterranean - 7.5**

Hummus, Spinach, Tomatoes,  
Olive Spread, Cucumbers and  
Balsamic Glazed Pressed on  
Multi-Grain Bread



**FRESH**   
**CHOICES**  
A CRAFTED CAFÉ

**NSA**  
**BETHESDA**  
Building 62



**SCAN QR CODE**

FOR MORE INFO VISIT US AT  
[NAVYMWRBETHESDA.COM](http://NAVYMWRBETHESDA.COM)

**MONDAY-FRIDAY**

1030-1330

**CLOSED**

**SATURDAY-SUNDAY**  
**& FEDERAL HOLIDAYS**

## SIGNATURE SALADS

### HANDTOSSED

#### Fresh Choices Cobb - 12

Grilled Chicken | Bacon | Tomatoes  
Chopped Egg | Bleu Cheese | Avocado  
Mixed Greens

#### Apple Orchard - 11

Grilled Chicken | Apples | Walnuts  
Cranberries | Blue Cheese | Romaine

#### Cali Club Salad - 13

Lemon Herb Shrimp | Tomatoes  
Carrots | Corn | Cheese Blend | Avocado  
Mixed Greens

#### Greek Crunch - 11

Grilled Chicken | Tomatoes | Onions  
Cucumbers | Olives | Feta Cheese  
Chickpeas | Pita Chips | Romaine

#### Powerhouse Bowl - 11

Quinoa, Garbanzo Bean, Kale, Spinach,  
& Edamame Blend | Beets | Carrots  
Almonds | Avocado | Red Pepper  
Hummus

#### Chicken Salad 'Salad' - 10

Chicken Salad | Dried Cranberries  
Tomatoes | Croutons | Sliced Almonds  
Mozzarella Cheese

#### No Protein Substitutions

## BUILD YOUR OWN

- 1 Choose your style**  
Lettuce | Bowl | Wrap
- 2 Pick your Ingredients**  
Over 30 Fresh Toppings
- 3 Enjoy your**  
Fresh Choices



### Base

#### Lettuce - 7

Romaine Hearts  
Spinach  
Mixed Greens

#### Fresh Choices

#### Bowl Blend - 8

Quinoa, Garbanzo  
Bean, Kale, Spinach,  
& Edamame Blend

#### Wrap - 6

Whole Wheat  
Spinach



### Vegetables

Carrots  
Broccoli  
Red Onion  
Corn  
Olives  
Banana Peppers  
Black Beans  
Artichoke Hearts  
Cucumbers  
Tomatoes  
Bell Peppers  
Mushrooms  
Chickpeas  
Jalapeños  
Cilantro  
Beets



### Cheese & Nuts

Cheese Blend  
Parmesan  
Feta  
Blue Cheese  
Walnuts  
Almonds



### Fruits

Apples  
Strawberries  
Grapes  
Dried  
Cranberries



### Protein

Grilled Chicken - 3.5

Crispy Chicken - 3.5

Chicken Salad - 3

Lemon & Herb Shrimp - 4.5

Plain or Roasted Red Pepper

Hummus - 3



### Extras

Croutons  
Chopped Eggs  
Tortilla Strips  
Chopped Bacon - 1  
Baked Pita Chips  
Avocado - 2

ADD MORE PROTEIN  
TO ANY MEAL

EXTRA MEAT - 2.5  
EXTRA CHEESE . 50

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